

THIS WEEK'S EXPERIMENT:

Praying with Jesus

(Matthew 6:9-13)

This, then, is how you should pray:

'Our Father in heaven,
 hallowed be your name,
Your kingdom come,
 your will be done,
 on earth as it is in heaven.

Give us today our daily bread.

And forgive us our debts,
 as we also have forgiven our debtors.

And lead us not into temptation,
 but deliver us from the evil one.

For Yours is the kingdom and the power and the glory forever. Amen.'



1. What are some of the different ways/times we pray?
2. When you pray, what are some things you typically pray for?
3. Why do you think Jesus said to pray like this? Does he want us to only use *his* prayer?
4. What are some ways we can say our own prayers and still pray like Jesus says?
5. THIS WEEK'S EXPERIMENT: Divide the prayer up into six parts. Each day this week, pray just one part. Right now, spend time sharing about what each part could mean for your family this week. i.e. "hallowed be your name" could mean that other things in our life are not as important as God. "Lead us not into temptation," might mean we spend time asking God to help us avoid situations where we know we will stumble. On the seventh day (next Wednesday) spend time praying through the entire prayer, thinking back on your week.