

## THIS WEEK'S EXPERIMENT:

### *Rock Reminders*

(Matthew 7:24-27)

"So then, everyone who hears my words and puts them into practice is like a wise man. He builds his house on the rock. The rain comes down. The water rises. The winds blow and beat against that house. But it does not fall. It is built on the rock. But everyone who hears my words and does not put them into practice is like a foolish man. He builds his house on sand. The rain comes down. The water rises. The winds blow and beat against that house. And it falls with a loud crash."



### **1. Identify something that your family can refer back to when you are experiencing “stormy” weather. This will be your “Rock Reminder”**

**Below are a few suggestions:**

- a. A Scripture: Philippians 2:4, John 13:35, James 1:19, Matthew 7:24-27
- b. A Routine: Prayer, Bible Reading, Listening to a favorite CD, song, etc.
- c. A Mantra or Saying: “Grace & Patience & Kindness”, “Greater is He that is in me,” or make up your own.
- d. Something Else...

### **2. Decide as a family that when things get stormy to experiment by returning to your “Rock Reminder”**

### **3. Anticipate a “storm” for each person where they might have to return to the “Rock Reminder” then have each person pray that God will help them this week through the experiment.**

- a. Suggested prayer, “God, help me remember to build my house on the Rock. Remind me that this is wise.”